Printable Packing List for the Ultimate Family Beach Vacation

from Nothing if Not Intentional

Beach Basics

- Sunscreen/sun protection (including rash guard swimwear)
- Chapstick
- Hats
- Sunglasses
- Swimsuits and swimsuit cover ups (and jacket if it's windy/chilly)
- Wipes and hand sanitizer
- Beach toys that do double duty
- Bugspray--sand flies are the worst.
- Waterproof (and sandproof) cases for phones and e-readers
- Sippy cups and water bottles
- Snacks (for parents and kids)
- Lotion and aloe
- Sandals/water shoes
- Beach Towels
- Beach chairs
- Hair ties
- Conditioner and Wet Brush--these brushes do a the best job with gently tackling tangles.
- Reading material
- Pacifiers and loveys for babies
- Swim diapers
- Diaper cream
- Plastic bags
- Cornstarch

Nice to Have

- Battery-operated fan
- Beach tent
- Flat bedsheet
- Umbrella
- Plastic utensils
- Ice cream contaniers
- Mesh laundry bag or hampers
- Coast-Guard approved life jacket
- Kite and/or frisbee
- Jars and bags to collect souvenirs
- Ocean books and coloring pages
- Plaster of paris
- Beach-friendly baby carrier
- Beach cart
- Empty wipes container
- Cooler and ice packs

Check out the full post from Nothing if Not Intentional for the explanations behind these ideas and info on where to find items listed!